



Activity: I.D. Your Values

See Values lesson in the Co-Teaching Partners unit for more information

Value	Not Important	Somewhat Important	Very Important
1. Clear expectations			
2. Visualizing			
3. Comfort			
4. Problem-solving			
5. Power			
6. Health			
7. Service			
8. Sincerity			
9. Variety			
10. Political activism			
11. Adventure			
12. Reading			
13. Challenge			

Value	Not Important	Somewhat Important	Very Important
14. Self-improvement			
15. Leisure			
16. Punctuality			
17. Trustworthiness			
18. Approval			
19. Flair			
20. Change			
21. Routine			
22. Solitude			
23. Wisdom			
24. Safety			
25. Simplicity			
26. Independence			
27. Socializing			
28. Working under pressure			
29. Competition			
30. Arts			